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CONFIDENTIAL US OFFICIALS ONLY SECURITY INFORMATION - 2 -50X1-HUM 3. There were different types of menus for different classes of industrial workers. The "responsible" workers, such as engineers, administrative workers, and Party members (called YTR) were served one type of menu and the common laborers were served another type. The menus for the more important group contained more meals and these meals were richer in calories. The following are examples of these menus: YTR Group Vegetable soup or borsch Stewed meat with potatoes or Cutlets (hambergers) with potatoes and cabbage Porridge Kissel (fruit juice containing sugar and potato starch--like Jello) Common Laborers Borsch Porridge Most of the industrial organizations did not have any auxiliary farms. Some of them had a few pigs. there have not been any standard caloric values assigned 50X1-HUM for the Kitchen-Factories. If they were, they may have been kept in secret by the Party organization. There was so little food available that the Kitchen-Factories had to use whatever they had. This is also true of the variety of foods. They were often forced to use the same kinds of foods daily without any changes. The meals were not balanced from a nutritional standpoint. 6. 50X1-HUM the following extraction rates were used for wheat 72%, 75%, 80%. The Kitchen-Factories did not bake their bread. 7. Canned foods were never supplied to the Kitchen-Factories. 8. The Kitchen-Factories usually serve one meal a day. They very seldon serve breakfast. If they do, it consists usually of tea and porridge. 9. The dinner of a common laborer usually contained from 400 to 500 calories. In a month a worker would receive about 13,500 or 14 thousand calories. It is impossible to calculate the food balance because of the instability in the availability and variety of foods.

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